

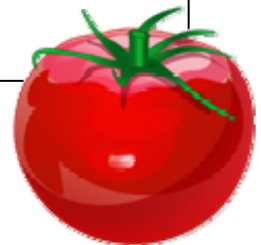


Calhoun County Schools

PreK—5th Grade

Lunch Menu - - - September 2009

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|--|
| | 1 Spaghetti and Meat Sauce Garden Salad English Peas W/W Roll Chocolate Pudding | 2 Baked Pork Chop Homemade Mac and Cheese Turnip Greens Corn Bread Tropical Fruit | 3 Chicken w/ Spanish Rice Green Beans Carrots w/ Ranch Dressing Brownie | 4 Pizza Caesar Salad Fresh Fruit |
| 7 Chicken Nuggets Corn Pudding Carrot and Raisin Salad | 8 Baked Ziti Garden Salad Orange Glazed Carrots Fresh Fruit | 9 Honey Glazed Chicken Quick Baked Potatoes Green Beans W/W Roll | 10 Chicken Tetrazzini Broccoli/Cauliflower Polonaise | 12 Pizza Garden Salad w/ dressing Fresh Fruit |
| 14 Chicken BBQ Sandwich Baked Beans Apple Crisp | 15 Loaded Baked Potato Broccoli Flowerets Mixed Fruit | 16 Ham and Cheese Sub Baked Potato Wedges Lettuce, tomato Diced Pears | 17 Beef Ravioli in Meat Sauce w/ W/W roll Mixed Vegetables | 18 Pepperoni Pizza Garden Salad w/ dressing Banana Cake |
| 21 Fish Sticks Cheese Grits Seasoned Green Beans Tropical Fruit | 22 Oven Baked Chicken Baked Sweet potatoes and Apples Turnip Greens Corn Bread | 23 Cheeseburger on Bun Lettuce, Tomato Baked Fries Brownies | 24 Homemade Beef Vegetable Soup w/Grilled Cheese Sandwich Carrot Sticks w/ Ranch Dressing Cinnamon Roll | 25 Cheese Pizza/ Potato Wedges Caesar Salad W/W Sugar Cookie |
| 28 Spaghetti w/ Meat Sauce Garden Salad w/dressing Pineapple Chunks | 29 Corn Dog Mac and Cheese Green Beans Mixed Fruit | 30 Chicken and Spanish Rice Tossed Salad Seasoned Carrots | <p>You can not win if you do not begin.</p> | |



Choice of Lowfat White, Chocolate, or Strawberry Milk Offered Daily
 Lunch Prices: Paid \$1.75(Pre-K—5th), Reduced \$.40

Our mission is to maintain a connection between sound nutrition and successful learning by providing the highest quality food and service possible. We are committed to creating a program to nourish and educate the hearts, minds and body of children while serving healthy, delicious breakfast and lunch each day in a warm and friendly atmosphere.

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